

Netball NZ Rules Apply

Below are some game format and rule clarifications to make our social netball competition run more smoothly for our umpires and players.

COVID CONDITIONS

- Given the current Covid situation all rules and game format information supplied below may be changed at any time and at short notice. We will aim to work with and consult teams regarding any such changes wherever possible.
- Social Netball at MainPower Stadium can only be run during Covid Alert Level 2 or lower and depending on the regulations around maximum group sizes, social distancing etc. Any change of Alert Level during the competition period may affect game formats or rules for future games.
- All players and spectators (if allowed) will be required to follow these regulations.
- MainPower Stadium staff and competition organisers will take all practicable steps to ensure regulations are followed, which may include but not limited to lowering between-court curtains, vacating teams through alternate exits, holding teams outside until courts are vacated, restricting spectators etc.
- Everyone entering MainPower Stadium will be required to follow contact tracing regulations (App or manual sign in, hand sanitation etc)
- Any player who does not feel well **MUST NOT** play.
- Teams will be required to supply their own positional bibs. You may be able to borrow these from your local club or contact the organisers as we have some available for sale on a first come first served basis.
- Teams will need to provide a first aid kit and carry out their own basic first aid within their team.

GAME CONFIGURATION

- Games will be made up of FOUR 9-minute quarters with 1-minute breaks at quarter time and a 2-minute break for half time. Clock will run continuously through all periods to ensure we keep to time.
- This leaves 5 minutes between games for change-over/warm up.

UMPIRES

- MainPower Stadium will provide ONE umpire per game and expects each team to accept the umpire's decisions at all times.
The umpire's decision is final and has full control of the game.
- Rough play, swearing or back chatting **WILL NOT** be tolerated and may result in additional sanctions against an individual or team beyond those applied during a game.
- If any team has a player who would like to umpire please let the competition organizer know ASAP. Umpires are reimbursed for their time.

BENCH DUTIES

- Each team is asked to provide ONE person to operate the score bench / scoreboard during that team's game. This could be a sub player (changed at players are subbed on and off) or a team supporter.
- If there is no bench duty person supplied by either team the scoreboard will not display team goals / scores during that game but will show the game's running clock. In this situation the umpire will keep score.

CLOTHING & FOOTWEAR

- Players are expected to wear appropriate clothing and may choose to wear a uniform or consistent team colour – though this is not compulsory.
- Players must wear appropriate court shoes with **NON-MARKING** soles.
- Teams will need to provide their own position bibs (see note under COVID CONDITIONS).

FOOD & DRINK

- **BOTTLED WATER ONLY** is allowed on the courts in the team bench areas.
- No food, sports drinks, coffee etc is allowed on the wooden floors – there are allowed to be consumed outside or on the carpeted areas only.

CONTACT

- Players may not touch another player with or without the ball.
- Contact may not be pulled if it doesn't directly interfere with the game - it is up to the umpires' discretion.
- Dangerous or unsportsmanlike contact may result in player's removal from the game.

OBSTRUCTION

- A defending player must be 3 feet (0.9m) from their opposite BEFORE putting up their hands to defend.
- Obstruction is a penalty, and the offending player must stand beside and away from the player until the ball has been passed or shot.

THROW INS

- The player's feet must be back from the outside line when throwing in the ball. If the player's foot is on the line when throwing in the ball this is deemed to be an incorrect throw in and the other team gets possession.

BREAKING

- No player is to cross the transverse line before the whistle is blown for a centre pass. To ensure this doesn't happen players must get behind the line before the Centre player steps into the circle to pass the ball.

ADVANTAGE

- If the umpire calls advantage, play continues. It simply means that there was an infringement but not enough to stop the play of the game.

SHORT PASS

- At some point between the ball being released and caught, there must be sufficient space for an intercept with a hand.

WARNINGS

- If a player's actions are deemed inappropriate by the umpire that player will be given a warning. If that player continues to act inappropriately the umpire can ask them to leave the court, normally for a period of one-five goals. If inappropriate actions are severe, repeated or continued that player may be asked to leave the premises and additional sanctions may be applied to that person or their team.

INJURIES AND INJURY TIME

- The game clock will not be stopped for injury time, so if a player is injured and are unable to keep playing it is expected their teammates will assist them to vacate the court to allow the game to continue.
- Teams will need to provide their own basic first aid kit.
- Ice can be found at MainPower Stadium reception and there is an AED located in the Stadium Fitness Centre.
- In the event of blood spilled on the courts MainPower Stadium staff should be notified immediately so it can be cleaned up properly before play continues.

MAKE UP OF TEAMS

- Mixed & Junior teams are restricted to a maximum of 3 males on court at any one time. Males must be spread between thirds (1 shooter, 1 defender, 1 mid-court).
- The women's competition (Thursday nights) is for women only due to the fact we are providing a mixed competition.

POSITION CHANGES

- Players may only change positions at quarter breaks or to reset the team following an injury substitution.

MainPower Stadium and its surrounding carparking, fields etc are a non-smoking, non-vaping and alcohol-free.

If you have any questions about the game formats and rules for MainPower Stadium's Indoor Social Netball competitions, please email Erin at netball@sportstrust.org.nz

*Indoor Social Netball Competitions at MainPower Stadium are organised by
the North Canterbury Sport & Recreation Trust.*

For more information visit www.sportstrust.org.nz

